

WEEK 1	Breakfast (8am-9am)	Milk break 10am	Lunch (11:30am)	Snack (2:30pm)	Tea (4:30pm)
Monday	Cereals containing low sugar content such as: <ul style="list-style-type: none"> - Weetabix - Cheerio's - Porridge - Shreddies Served with the following: <ul style="list-style-type: none"> - baked/toasted products 		Cheesy Cauliflower & Broccoli Bake with homemade chips 	Rice Cakes with Mashed Banana & Cinnamon	Tuna & Sweetcorn Wraps with apples 
Tuesday			Mini Chicken & Veggie Meatballs with pasta and garlic bread 	Corn Cake with Soft Cheese & Grated Beetroot 	Mini Veggie Frittata Muffins with homemade tomato dip & honeydew melon 
Wednesday			Mild beef & Veggie Curry with rice 	Rice Cake with Yogurt & Soft Peach Slices 	Banana & Oat Pancakes with natural yoghurt 
Thursday			Fish Pie with Summer Veggies 	Cracker with Mild Cheddar & Grated Zucchini 	Egg Salad Sandwiches with watermelon 
Friday			Pork & Veggie Noodle Stir-Fry 	Melon Cubes with Cottage Cheese 	Hummus & Grated Carrot Wraps with bananas 

Snack: Children under 12 months do not need snacks. If we think a child is hungry in between meals, they will be offered extra milk feeds instead.

WEEK 2	Breakfast (8am-9am)	Milk break 10am	Lunch (11:30am)	Snack (2:30pm)	Tea (4:30pm)
Monday	Cereals containing low sugar content such as: <ul style="list-style-type: none"> - Weetabix - Cheerio's - Porridge - Shreddies Served with the following: <ul style="list-style-type: none"> - baked/toasted products 		Pork & Apple Patties with sweet potato chips and broccoli  	Rice Cake with Mashed Avocado	Homemade Veggie Nuggets with homemade tomato dip with Galia melon   
Tuesday			Creamy Broccoli & Cheese Pasta  	Cracker with Cream Cheese & Cucumber  	Cheese & Veggie Skewers and summer fruits 
Wednesday			Beef & Veggie Sloppy Joes with homemade chips and corn on cobs 	Corn Cake with Hummus & Grated Carrot 	Butternut Squash Mac & Cheese and strawberries  
Thursday			Chicken Mince Bolognese with garlic bread  	Rice Cake with Soft Cheese & Thin Apple Slices 	Soft Fruit Kebabs with coconut yoghurt and cinnamon toast
Friday			Mini Fish Tacos (Soft Wraps) with rice  	Corn Cake with Greek Yogurt & Mango 	Blueberry Pancakes with homemade strawberry yoghurt   

Snack: Children under 12 months do not need snacks. If we think a child is hungry in between meals, they will be offered extra milk feeds instead.

WEEK 3	Breakfast (8am-9am)	Milk break 10am	Lunch (11:30am)	Snack (2:30pm)	Tea (4:30pm)
Monday	Cereals containing low sugar content such as: <ul style="list-style-type: none"> - Weetabix - Cheerio's - Porridge - Shreddies Served with the following: <ul style="list-style-type: none"> - baked/toasted products - 		Chicken Stir-Fry with Rice 	Corn Cake with Mashed Banana & Cinnamon  	Cream Cheese & Cucumber Sandwiches and raspberries  
Tuesday			Salmon Fishcakes with homemade chips and corn on the cobs   	Cracker with Soft Cheese & Cherry Tomato Halves  	Turkey & Cream Cheese Roll-Ups with honeydew melon  
Wednesday			Vegetable Lasagna with side salad garlic bread  	Rice Cake with Ricotta & Blueberries 	Soft Bread Pizza with veggie toppings and summer fruits  
Thursday			Mini Beef Sliders with Sweet Potato Wedges 	Cracker with Ricotta & Cucumber Ribbons  	Mango & Coconut Pancakes with Greek yoghurt   
Friday			Pork & Pineapple Fried Rice 	Corn Cake with Sweetcorn & Cream Cheese 	Sweetcorn Fritters with homemade tomato dip and oranges   

Snack: Children under 12 months do not need snacks. If we think a child is hungry in between meals, they will be offered extra milk feeds instead.